



Doubles Lifts Sheet

Doubles Lifts List

NAME & SURNAME

SPECIALTY:

DOBLES

CATEGORY: S JA JB

COMPETITION & DATE

N°	DESCRIPTION (if available)	VALUE	GROUP*	COMMENTS (Judge only)
1				
2				
3				
4				
5				

Please list the lifts in order of execution.
This sheet must be delivered to the Artistic Judge only.

*It is not mandatory declare the lift's group.